



To SCGA- FreeG Intermediate-Advanced  
From Shelly McGregor  
Re FreeG State Championships

Date of Competition: Saturday 11th of November - Sunday 12th of November

Time: Times of sessions to be confirmed as soon as we have been notified. Once times are confirmed, please arrive no later than 15 minutes before starting time. Session times generally last for around 2 hours but can run shorter or longer depending on the amount of entries.

Venue: SGAC,  
12 North Parade, Rooty Hill,  
NSW, 2766

Entry Fee: \$80 per participant

Wear: SCGA Blue FreeG Shirt, Black Shorts and SCGA tracksuit (optional).  
Bring a Drawstring Gym bag with a water bottle.

Please fill in and return this entry form and fee to SCGA Reception by Friday the 29th of September.

\_\_\_\_\_ Tear off and return \_\_\_\_\_

## 2023 FreeG State Championships

Gymnast's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please find enclosed \$ \_\_\_\_\_ for: 2023 FreeG State Championships

Please choose from the following:

Speed Run Only	Freestyle Only	Both Speed run and Freestyle

Total Enclosed \$ \_\_\_\_\_ Date: \_\_\_\_\_

Parents Signature: \_\_\_\_\_ Contact Number: \_\_\_\_\_

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### **SOUTH COAST GYMNASTICS ACADEMY**

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