

PLEASE NOTE: Each active enrollment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.



Senior Recreation Girls Programme

The Senior Recreational Programme is for children aged 10 to 16 years. This programme offers a faster progression through more challenging skills such as handstands, cartwheels, round offs, handspring drills, walk over drills etc. These classes promote and develop flexibility, strength, coordination and stamina. Children will be involved in short games as well as having full use of all apparatus including beams, vault, bars, rope, tramp, mini tramp and a fully sprung floor. These classes are designed for those children who like to keep fit and healthy whilst having FUN! At the end of the Term children will be assessed in a short test to evaluate how well they are doing in gymnastics.

This class will also have the opportunity to be involved in small competitions such as SCGA GFA Grand prix series and other local events.

2023 SCGA Recreational Operating Terms

Term 1 –10 Week Term	Term 2 –10 Week Term	Term 3 – 10 Week Term	Term 4 – 10 Week Term
Mon 30th Jan –Thu 6th Apr	Mon 24th Apr – Sat 1st Jul	Mon 17th Jul – Sat 23rd Sep	Mon 9th Oct – Sat 16th Dec

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
5:30pm - 7:00pm	X	5:30pm - 7:00pm	X	5:30pm - 7:00pm

(SCGA GFA Programs do not run during the school holidays or on public holidays)

Term Fees and Charges:

12 month Annual Registration Fee - \$80 (Jan to Dec). Fee subsidized to \$65 for active and casual enrollments after July 1st

1st Class FREE TRIAL

Casual Enrollments - \$30 per session

Active Enrollment 1.5 hour class per week - \$25.55 per week calculated over a 1 month period.

Active Enrollment 2 x 1.5 hour classes per week - \$42.54 per week calculated over a 1 month period.

Active Enrollment 3 x 1.5 hour classes per week - \$57.06 per week calculated over a 1 month period.

Bookings:

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or further information on programs or pricing.

Progression:

As your child's coordination, confidence, self-esteem and social-emotional development grow, they will be ready for the next exciting program "Advanced Tramp and Tumble, TeamGym, or Adult Gymnastics".



Web www.scga.com.au – Phone 42275722 – Email admin@scga.com.au