



COACH LIZ

Gymnasium Coordinator
Club Owner

Liz has been coaching children of all ages in the sport of gymnastics for over 20 years. Her passion for the sport was so great that she decided to open up her own family run club in the Wollongong area in 2007. Since opening their doors, SCGA has offered all sorts of programs to the Wollongong and surrounding community and Coach Liz has been a big part of managing or coaching every single program.

FIG Advanced Silver Accredited Coach
Kindergym, TeamGym, WAG, MAG,
Inclusions, Sporting Schools
Advanced Accredited Judge

