<u>PLEASE NOTE:</u> Each active enrollment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.



TEAM GYM GFA Program

What is Team Gym?

Team Gym is a GYMNSW participation program for all ages and abilities providing performance opportunities within a team environment for fun, fitness and friendship.

Team Gym competitions exhibit gymnastics skills in three disciplines; Floor, Tumbling and Single Mini Tramp. In each discipline the number of gymnasts is between 6 and 12. It is common for the performance to demonstrate effective teamwork, good technique in elements and spectacular acrobatic skills.

This program incorporates many different techniques used throughout gymnastics as well as some elements from other sports such as dance, cheer and acrobatics. In this program gymnasts will be expected to train on their nominated days per week, join in for performance competitions as a team and also purchase any needed uniforms.

This year SCGA will be encouraging two aged training sessions. Youth TeamGym for children aged 7 - 15 and Senior TeamGym for participants aged 14 and up.

2024 SCGA Recreational Operating Terms

Term 1–11 Week Term	Term 2 – 10 Week Term	Term 3 – 10 Week Term	Term 4 – 10 Week Term
Tue 30th Jan –Sat 13th Apr	Mon 29th Apr – Sat 6th Jul	Mon 22nd Jul – Sat 28th Sep	Mon 14th Oct – Sat 21st Dec

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	
Youth Team 4:00 pm – 6:00 pm	Х	Youth Team 4:00 pm – 6:00 pm	х	х	
Senior Team 6:00 pm – 7:30 pm	Х	Senior Team 6:00 pm – 7:30 pm	Х	х	

(SCGA GFA Programs do not run during the school holidays or on public holidays)

PLEASE NOTE: Fees for 2024 will have a half yearly increase from the 1st of July.

Term Fees and Charges:

12 month Annual Registration Fee

- \$85 (Jan to Dec) for active and casual enrollments
- 6 month \$65 (July-Dec) for active and casual enrollments after July 1st
- Last Term (Term 4) \$45 for active and casual enrollments.

January to June 2024 Fees

1st Class FREE TRIAL for new Members

Casual Enrollments - \$32 per 1.5 hour session or \$37 per 2 hour session Active Enrollment 1.5 hour class per week - \$27.75 per week calculated over a 1 month period. Active Enrollment 2 x 1.5 hour class per week - \$45.60 per week calculated over a 1 month period. Active Enrollment 2 hour class per week - \$32 per week calculated over a 1 month period. Active Enrollment 2 x 2 hour classes per week - \$56 per week calculated over a 1 month period.

July to December 2024 Fees

1st Class FREE TRIAL for new Members

Casual Enrollments - \$34 per 1.5 hour session or \$39 per 2 hour session

Active Enrollment 1.5 hour class per week - \$30 per week calculated over a 1 month period.

Active Enrollment 2 x 1.5 hour class per week - \$48.60 per week calculated over a 1 month period.

Active Enrollment 2 hour class per week - \$35 per week calculated over a 1 month period.

Active Enrollment 2 x 2 hour classes per week - \$60 per week calculated over a 1 month period.

Bookings:

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or further information on programs or pricing.